

Merton COVID-19 Community Response Hub

**Are you isolated, at risk from COVID-19
and need help with any of the following?**

- Support with shopping and basic supplies
- Help to get prescriptions and medication
- Support to get advice on money and benefits
- Advice and practical help to stay active and independent at home
- Telephone befriending



How do I get help?

Email help@mvsc.co.uk
or call 020 8685 2272

Between 10am and 4pm
Monday to Friday

www.mvsc.co.uk/CoronavirusSupport

The Merton Community Response Hub is a partnership of Age UK Merton registered charity no. 1105384, Merton Voluntary Service Council registered charity no. 1085867 and Wimbledon Guild registered charity no. 200424

Useful contact numbers

- **Merton Community Response Hub**

The main port of call for any support you may need

020 8685 2272

- **Warm and Well**

Thinking Works can offer free energy saving advice for eligible Merton residents to help keep your home warm for less

0800 118 23 27

- **MASCOT**

Provide a range of initiatives enabling people to remain at home with independence and security

020 8274 5940

- **One You Merton**

Your local health improvement service which can provide support and advice around health and wellbeing

020 8973 3545

- **Merton Uplift**

A free service that is available for anyone in Merton experiencing difficulties and symptoms related to stress, anxiety and depression

020 3513 5888

- **Covid Testing**

If you are showing symptoms you should order a home PCR test
119

If you don't have symptoms, you can book a LFT test.

020 8274 5210