

Factsheet 4: Death and Bereavement Support

After a bereavement

Government step-by-step guide after a bereavement

<https://www.gov.uk/when-someone-dies>

National Association of Funeral Directors Covid-19 funeral advice

<https://nafdcovid19.org.uk/advice-for-the-public/>

Advice on arranging a funeral

The Merton Council website offers the latest advice on arranging a funeral in Merton

<https://www.merton.gov.uk/births-marriages-and-deaths/deaths/arranging-a-funeral>

Citizens Advice provide the following information on arranging a funeral

<https://www.citizensadvice.org.uk/family/death-and-wills/funeral-services/arranging-a-funeral/>

Help and advice regarding funerals costs

You could get a Funeral Expenses Payment (also called a Funeral Payment) if you get certain benefits and need help to pay for a funeral you're arranging

<https://www.gov.uk/funeral-payments>

This website offers practical support for people struggling with funeral costs

<https://quakersocialaction.org.uk/we-can-help/helping-funerals/down-earth/information-and-guidance/raising-money-toward-funeral-costs>

Other financial help

You might be eligible for other financial help.

You may be able to get Bereavement Support Payment if your husband, wife or civil partner died on or after 6 April 2017.

<https://www.gov.uk/bereavement-support-payment?step-by-step-nav=4f1fe77d-f43b-4581-baf9-e2600e2a2b7a>

You could get Guardian's Allowance if you're bringing up a child whose parents have died.

<https://www.gov.uk/guardians-allowance?step-by-step-nav=4f1fe77d-f43b-4581-baf9-e2600e2a2b7a>

The **Care Workers' Charity** runs a Crisis Grant Programme for currently employed care workers and may be able to assist with funeral costs following the death of a close relative.

<https://www.thecareworkerscharity.org.uk/information-and-tools/apply-for-a-grant/#1579165687182-20d8c940-397a>

Bereavement advice and support

Bereavement support for individuals

Wimbledon Guild – a local charity supporting people in Merton offers a Grief Support Service which helps with the practical, financial and emotional aspects of bereavement.

<https://www.wimbledonguild.co.uk/how-we-help/grief-support>

Tel: 020 8946 0735 (Mon-Fri, 9am – 5pm)

Email: griefsupport@wimbledonguild.co.uk

CRUSE Bereavement Care - is helping families affected by coronavirus. You can find a broad range of guidance, including easy read fact sheets, on the Cruse website. You can also contact the charity's free national helpline on 0808 808 1677 or email them at helpline@cruse.org.uk.

<https://www.cruse.org.uk/>

<https://www.cruse.org.uk/get-help/coronavirus-dealing-bereavement-and-grief>

NHS - additional help with grief after bereavement

<https://www.nhs.uk/conditions/stress-anxiety-depression/coping-with-bereavement/>

Bereavement Advice Centre - free helpline and web-based information service provided by Co-op Legal Services. <https://www.bereavementadvice.org/>

Other support:

The Good Grief Trust - Coronavirus bereavement advice

<https://www.thegoodgrieftrust.org/need-know-info/coronavirus-bereavement-advice/>

At A Loss - dealing with bereavement and grief during the Covid-19 pandemic

<https://www.ataloss.org/Pages/FAQs/Category/coronavirus-pandemic>

Jewish Bereavement Counselling Service - <https://jbc.org.uk/>

Quaker Social Action

<https://quakersocialaction.org.uk/we-can-help/helping-funerals/down-earth/information-and-guidance>

Marie Curie Telephone Bereavement Support

<https://www.mariecurie.org.uk/help/support/telephone-bereavement-support>

Bereavement support for children and young people

Jigsaw4u - The Grief Support Project at Jigsaw4u offers a bereavement service for children and their families:

<https://www.jigsaw4u.org.uk/pre-and-post-bereavement/>

Tel: 020 8687 1384

Email: info@jigsaw4u.org.uk

The Childhood Bereavement Network - has provided advice and guidance from a number of children and young people's bereavement organisations.

<http://www.childhoodbereavementnetwork.org.uk/>

Other support

The Compassionate Friends - offer support to families after the death of a child of any age and from any cause.

<https://www.tcf.org.uk/> Alternatively, call: 0345 123 2304

Child Bereavement UK

<https://www.childbereavementuk.org/>

Muslim Youth Helpline

<https://www.myh.org.uk/>

Daisy's Dream

<https://www.daisysdream.org.uk/>